Physical rehabilitation and CBR: some lessons learned

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Isabelle Urseau
Practical Orthopaedic Advisor
iurseau@handicap-international.org

www.handicap-international.fr

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Some principles

- Physical rehabilitation is part of a global process which includes medical care, counseling, and social and economic inclusion
- Rehabilitation must be adapted to each person’s life, capacities and requirements
- Our goal is for the person to recover a maximum of autonomy, giving her/him the chance to self-fulfillment

Implementation of the rehabilitation chain of services

- By medical and social institutions (public or private)
- With help from international associations and organisations
- With the support of bilateral or multilateral co-operation

- INGOs develop local capacity in co-operation with governments.
- Ultimate objective is to transfer handling to local actors (government organisations or form part of associations).

Whatever the degree of government involvement, it must define a clear strategy for delegating the various levels of intervention:

- The State as provider of rehabilitation services,
- And/or the State as regulatory entity,
- And/or the State as the provider of finance.
Development phases for a rehabilitation service

- **Implementation**: Responses to population needs.
- **Viability of structure**: Organisation & Management.
- **Interaction between service, environment and context**.
- **Sustainability of service**: Viability + Positive impact.

The challenges (1): Answering to the immediate needs of people and taking into account the long-term viability of the structure

- The implication of local ministries or local NGO must be prepared right at the start of a programme, as must the training of local counterparts to develop capacities to manage services.

The challenges (2): Training rehabilitation professionals and THEIR MANAGERS while providing rehabilitation services

- Why such training participates to sustainability?
  - Career perspectives for professionals
  - Improve services quality
  - Health evaluation process
  - Enhance PWDs participation
  - Global approach (social model)

The challenges (3): Global rehabilitation approach to access and better use of the provided services

- A holistic approach
  - CBR strategies are viewed as an effective approach to identify, refer and follow-up the person with a disability in needs of appliances

- The services offered by central/specialized, provincial and district institutions and the community can work together to provide a comprehensive rehabilitation service across a country.
The challenges (4): To ensure the sustainability of the activity

HI’s partnership experience

- The transfer, appropriation, or the co-development of projects by the partners should ensure that the activities implemented are viable over the medium- and long-term.
- To build local capacity;
  - working on the principle that collaborating with partners allows them to gain new operational, organisational and institutional skills and capacity.

Sustainability dimensions / example

Each country requires to develop its own system (national policy, strategic plan & central coordination structure) according to its needs and the resources available.