

Physical rehabilitation and CBR: some lessons learned

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Some principles

- Physical rehabilitation is part of a global process which includes medical care, counseling, and social and economic inclusion
- Rehabilitation must be adapted to each person's life, capacities and requirements
- Our goal is for the person to recover a maximum of autonomy, giving her/him the chance to self-fulfillment

Implementation of the rehabilitation chain of services

- By medical and social institutions (public or private)
- With help from international associations and organisations
- With the support of bilateral or multilateral co-operation
- INGOs develop local capacity in co-operation with governments.
- Ultimate objective is to transfer handling to local actors (government organisations or form part of associations).

Whatever the degree of **government involvement, it must define a clear strategy** for delegating the various levels of intervention :

- The State as provider of rehabilitation services,
- And/or the State as regulatory entity,
- And/or the State as the provider of finance.

Development phases for a rehabilitation service



- **Implementation** : Responses to population needs.
- **Viability of structure** : Organisation & Management.
- **Interaction between service, environment and context.**
- **Sustainability of service** : Viability + Positive impact.

The challenges (1) : Answering to the immediate needs of people and taking into account the long-term viability of the structure

- The implication of local ministries or local NGO must be prepared right at the start of a programme, as must the training of local counterparts to develop capacities to manage services.

The challenges (2) : Training rehabilitation professionals and THEIR MANAGERS while providing rehabilitation services

- Why such training participates to sustainability ?
 - Career perspectives for professionals
 - Improve services quality
 - Health evaluation process
 - Enhance PWDs participation
 - Global approach (social model)

The challenges (3) : Global rehabilitation approach to access and better use of the provided services

- A holistic approach
 - CBR strategies are viewed as an effective approach to identify, refer and follow-up the person with a disability in needs of appliances
- The services offered by central/specialized, provincial and district institutions and the community can work together to provide a comprehensive rehabilitation service across a country.

The challenges (4) : To ensure the sustainability of the activity

HI's partnership experience

- The transfer, appropriation, or the co-development of projects by the partners should ensure that the activities implemented are viable over the medium- and long-term.
- To build local capacity ;
 - working on the principle that collaborating with partners allows them to gain new operational, organisational and institutional skills and capacity.

Each country require to develop its own system (national policy, strategic plan & central coordination structure) according to its needs and the resources available.

Sustainability dimensions / example

