ICRC
Physical Rehabilitation Programs

An Overview
ICRC-assisted Physical Rehabilitation Programmes
1979 – 2004: 36 countries / 87 projects

EUROPE (9)
1 Albania (1)
2 Azerbaijan (3)
3 Georgia (2)
4 Russian Fed (3)

MIDDLE EAST (13)
1 Lebanon (2)
2 Iraq (8)
3 Syria (1)
4 Yemen (2)

AFRICA (40)
1 Algeria (1)
2 Angola (3)
3 Chad (1)
4 DR Congo (3)
5 Eritrea (2)
6 Ethiopia (9)
7 Kenya (1)
8 Mozambique (4)
9 Namibia (1)
10 Rwanda (1)
11 Sierra Leone (1)
12 Sudan (7)
13 Uganda (4)
14 Zambia (1)
15 Zimbabwe (1)

LATIN AMERICA (2)
1 Nicaragua (1)
2 Colombia (1)

ASIA (23)
1 Afghanistan (6)
2 Cambodia (2)
3 China (1)
4 India (1)
5 N. Korea (1)
6 Myanmar (6)
7 Nepal (1)
8 Pakistan (2)
9 Sri Lanka (1)
10 Tajikistan (1)
11 Vietnam (1)
The Context

Ensuring access for persons with disabilities to physical rehabilitation care in the resource-rich western world is already a challenge….

Let alone in countries in the grip of conflict or post-conflict.

The Method
A Reminder

- Disabled
- FOR LIFE

- Rehabilitation
  services
- FOR LIFE

The Approach

- Collaboration with a national partner
- Training of national personnel
- Limit the running costs
Three General Objectives

- Accessibility
- Quality
- Sustainability

Three Types of Assistance

- Financial
  - renovations
  - donations
  - reimbursements
- Technical
  - operating guidelines
  - pp technology
- Educational
  - in house training
    - on the job; refreshment; up-grading; formal
  - sponsorships
The Results

The Main Beneficiaries
1979 –2003

![Bar chart showing the distribution of medical supplies by category: Prostheses, Orthoses, Wheelchairs, Crutches/pairs. Prostheses have the highest count, followed by Wheelchairs, and then Orthoses. Crutches/pairs have the lowest count.]

SCVA23June2004 9

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Stable Proportion of Mine Victims

Rising Proportion of Non-amputees
Assisted Patients with Prostheses and Orthoses 1985 - 2003
Rising Number of Formally Trained National Personnel

Guidelines

- Guidelines for ICRC project leaders
- Guidelines for assisted centres containing framework for working procedures and treatment protocols
- Guidelines for the training of national personnel
Less Expatriate Personnel Per Assisted Project

Expatriate Personnel 1979 - 2003

Increasing Number of Assisted Centres

completed operational assistance
ongoing operational assistance
Conclusion

- Rising number of beneficiaries
- Rising number of assisted centres
- Professionalisation of approach
  - Training
  - Technology
  - Guidelines
- Few centre’s completely independent

Sustainability

local key person

local / national support

P&O centre
Recommendations

- Host countries: higher priority to continuation of physical rehabilitation services.
- Abrupt termination of assistance program to be avoided.
- Donor countries and humanitarian organizations: continued (follow-up) assistance needed.

Support for Life DVDROM
(2003 Annual Report Physical Rehabilitation Programs: www.icrc.org)