CBR Guidelines
Empowerment Component

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Key concepts

- Mainstreaming
- Awareness-raising
- Capacity Building
- Access to Information
- Alliances

Advocacy and Communication

- Goal
  
  People with disabilities are able to speak out for themselves

- Key Outcomes
  - Changed community attitudes
  - Improved access to information and communication resources
  - Individuals and families represent themselves
  - People make their own choices
Advocacy and Communication

• Key Activities
  – Carry out a basic communication assessment
  – Provide support for self-advocacy
  – Ensure CBR personnel are effective communicators
  – Participate in community life
  – Use public media

Community Mobilization

• Goal
  Local communities remove barriers and include people with disabilities and their families in community activities

• Key Outcomes
  – Community motivated to improve quality of life of people with disabilities
  – Community barriers are removed
  – Community is knowledgeable how to use community resources to sustain CBR programmes
  – Community participates in CBR programmes
Community Mobilization

• Key Activities
  – Develop knowledge of context in which people live
  – Bring together stakeholders in the community
  – Be visible and active
  – Provide regular information on CBR programmes
  – Emphasize benefit to whole community
  – Celebrate achievements

Political Participation

• Goal
  People with disabilities participate in political and public life on an equal basis with others.

• Key Outcomes
  – People with disabilities and their families have the knowledge and skills to participate in political life
  – Government and civil society acknowledge the right of people with disabilities to participate in political life
  – Disability issues are integrated into development programmes and political decision-making
  – Barriers to political participation are reduced or removed
Political Participation

• Key Activities

– Develop an understanding of who has what power
– Address issues of poverty and social isolation
– Train people with disabilities in advocacy skills
– Recommend appropriate measures to government at all levels
– Advocate for political quotas

Self-help Groups

• Goal

Participation in self-help groups to resolve common problems, enhance individual strengths, and improve quality of life

• Key Outcomes

– Self-help groups exist in local communities
– Group members develop knowledge and skills to contribute to their families and communities
– People with disabilities and their families access mainstream self-help groups
– Formation of self-help federations
Self-help Groups

• Key Activities
  – Provide assistance to form self-help groups
  – Facilitate functioning of self-help groups
  – Provide financial contributions, e.g. seed money
  – Build capacity among group members
  – Encourage mainstream participation

Disabled People's Organizations

• Goal
  *CBR programmes and DPOs work together towards implementation of the CRPD and inclusive development*

• Key outcomes
  – CBR programmes and DPOs work together collaboratively
  – DPOs support CBR programmes to become more inclusive
  – CBR programmes support establishment of DPOs where they do not exist
Disabled People's Organizations

• Key Activities

– CBR programmes involve DPOs in CBR planning, implementation, and monitoring, respecting the concept of "Nothing about us without us"
– CBR programmes use DPO representatives in sensitization training
– DPOs provide training for CBR personnel and self-help groups on rights, policies, and advocacy
– Work together to create joint resources such as training materials
– Utilize CBR to establish rural base for DPOs

Case study

Ghana
Self-help Groups Provide Livelihoods

South Africa

• QHUBEKA! – Continue! Don’t Stop!
• Self-help Association of Paraplegics in Soweto (SHAP)
• Powerhouse of Disability Rights Movement in the 1980s
Thank you