CBR Guidelines

30 years of evolution & practice

More than 90 countries practice CBR
Rehabilitation

Common approach
- Physiotherapy
- Assistive devices
- Corrective surgery
- Education/schooling
- Accessible classroom and toilet
- Accessible environment
- Vocational training
- Income

Peoples need
- Income
- Food
- Clothes
- House
- Water and Toilet
- Education - School
- Treatment or Cure
- Calipers/Shoes
- Exercise
“Poverty is the worst form of violence”
Mahatma Gandhi
CBR Joint Position Paper, 2004

CBR Guidelines
a long journey since November 2004
CBR: Comprehensive model

- Medical
- Social
- Human Rights

Guiding force

1. Basic needs
2. Well being
3. MDG
4. CRPD
1. Basic needs - hierarchy of needs

Abraham Maslow

- **Basic needs**
  - Food, water, shelter

- **Safety needs**
  - Health, education, finance, well-being

- **Social needs**
  - Love and belonging
  - Family, inclusion, participation

- **Esteem**
  - Empowerment

- **Self-actualization**

2. Wellbeing - Total wellbeing

- **Health**
- **Education**
- **Income**
3. Millennium Development Goals


- Many articles and general principles of Convention are also integral to CBR.
- Convention provides the policy and legal framework.
- CBR provides the operational methodology

"dawn of a new era"
for around 650 million people worldwide living with disabilities
– Kofi Annan
Development/Empowerment Multi/sectoral approach

- Cross-cutting theme
- Nucleus of CBR
- People with disabilities and their family members to be actively involved in decision-making processes about policies and programmes, including those directly concerning them.
CBR: Goal
Community-based Inclusive Development

- Development
- Inclusive Development
- Community-Based Inclusive Development
- Inclusive Approach
- Community Based Approach
- Sustainable development/Society For All

Community-Based Inclusive Development

- All development initiatives are inclusive and community-based
- Development initiatives are disabled people centered and community centered.
National government, political leaders, media

Local government, NGOs, disability groups

Community leaders, teachers, health and community workers

Community members

Person with disability & family

Mine victims

CBR Guidelines

- Introductory chapter
- Health
- Education
- Livelihood
- Social
- Empowerment
- Supplementary chapter
Outlines

• Introduction
• Case study to narrate the element/chapter
• Goal
• The role of CBR
• Desirable outcomes
• Key concepts
• Key activities with examples
• Reference & further readings

Supplementary booklet

1. CBR & Mental Health
2. CBR & HIV/AIDS
3. CBR & Leprosy
4. CBR & Humanitarian crisis
CBR Guidelines

- Nearly 6 years of work
- Partnership among 3 UN organizations and 26 civil societies
- Contribution from more than 150 experts.
- Nearly 300 organizations from 29 countries took part in the field validation.
- 26 experts peer reviewed the document
- A consensus document: an example of partnership and working together
- It aims for…..

Assist in Poverty Reduction
Support in meeting basic needs

Foster well-being
Promote human rights

Create Barrier Free Environment
Enable to be an active contributor

Promote inclusion
2 examples from the CBR Guidelines

Japan

India

Fukushima province, Japan
Community members established a community development project

Local champion
Cocoron later opened the Café/Shops – “Cocoroya” which became meeting place for the local community.
Chamrajnagar, a rural district, India

CBR: Health, Education & Livelihood
Toilets at home for persons with disabilities, their family members and also for their neighbours – **benefit for all**
Thank you

MDGs

CRPD

CBR guidelines

30 November 2010