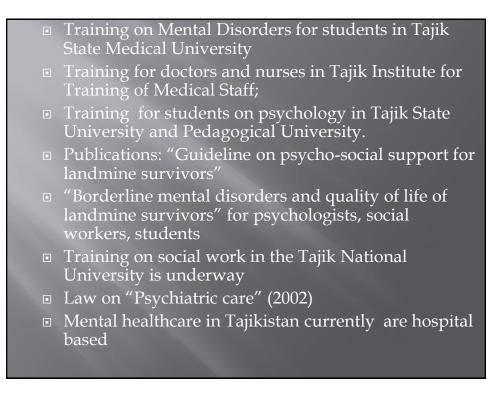




Gaps in the current mental health services and psycho-social rehabilitation

- Limited number of human resources (medial psychologists)
- Lack of support to mental health, including governmental budget and donors support.
- Lack of public awareness on mental health and mental illnesses
- Lack of psychosocial rehabilitation services
- Lack of structured program on psycho-social rehabilitation.
- There are high prevalence of mental health disorders symptoms among people with disability in both countries



Summer Rehabilitation Camp



Totally - 185

- 2005 32 survivors
- 2006 –19 survivors
- 2007 –25 survivors
- 2008 34 survivors
- 2009 25 survivors
- 2010 25 survivors
- 2011 25 survivors







First inter-country conference on psychosocial rehabilitation Kabul (December 14-15, 2010)



The first conference outcomes:

- There is great need for development of psychosocial rehabilitation services
- There is need to attract donors support to mental health in general and to psychosocial rehabilitation in particular
- There is a need for research on issues related to psychosocial rehabilitation and mental health of persons with disabilities
- There is a need for developing proper standard program on psychosocial rehabilitation
- There is a need to increase public's and health staff's awareness on mental health
- There is a need to conduct monitoring and evaluation of mental health training that have been done and the trainings that planned.
- Establishment of a working group that can work and follow up activities on psychosocial rehabilitation.
- Exchange of training materials and experiences between Afghanistan and Tajikistan on psychosocial rehabilitation.
- Conducting research on using of psychotherapy and other psychosocial related activities

Exchange experience training on "Peer to Peer Support" with Afghanistan Landmine Survivors Organization (ALSO) for tajik team



International Conference on "Development of applied psychology in Tajikistan: problems and perspectives" Tajik National University, Dushanbe, 4-5 November 2011

- Participation of Tajikistan and Iran
- Discussed problems and perspectives of applied psychology in the period of Tajikistan independence
- Development and status of applied psychology in the education
- Using of contemporary methods in psycho diagnosis and in consulting
- □ The sharing of practical experience



Conference recommendations

- More attention should be attracted to Victim assistance and assistance to Person with Disabilities to cope and adjust to life challenges through Psychological and social support.
- Accessible services and accessible life environment for landmine/ERW survivors in Tajikistan, Afghanistan and Iran should be provided.
- Available resources (Human, Technical and Information) in three countries were indentified and supporting and sharing mechanisms were agreed.
- The working committee consisted from 7 experts, professional and key people from three countries line Ministries and organizations to work on the implementation of the Conference recommendations and report to the next conference was formed.

Conference recommendations (cont')

- The most important activities which could help PWDs in the Physical and Psychosocial rehabilitation in Tajikistan, Afghanistan and Iran were agreed.
- Exchange experiences and knowledge between specialist of psychosocial rehabilitation in three countries (exchange of training materials, organizing trainings and experiences sharing courses for specialists) should be organized.
- In the framework of joint activities: organizing of scientific conferences, round tables, summer camps, cultural and sportive events should be included in planning.
- In order to work together for resource mobilization for psychosocial assistance within and outside the region to set a regular relation and continues collaboration with transparency mechanism between relevant ministries and organizations working in the field of disabilities and mental health in three countries.

