

Community Based Rehabilitation in Uganda



VA Experts Meeting

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LAY OUT OF THE PRESENTATION

- Introduction
- Does CBR Still work(the relevance of CBR)
- Advantages of CBR
- Challenges in implementing CBR



INTRODUCTION: CBR in Uganda



Since 1992, CBR is used for promotion of the rights, poverty reduction, social rehabilitation and inclusion of Persons with Disabilities including mine victims

CBR is applied to break physical, psychological and environmental barriers

In the financial year 2018/2019, it was rolled out to all the local governments in Uganda





Does CBR still work in Uganda?



- CBR helps the Government to minimize costs of delivering rehabilitation services
- Helps to facilitate identification, assessment and referral of persons with disabilities to service points
- It enhance participation and inclusion

Does CBR still work in Uganda?



Uganda's 2020 Persons with Disabilities Act provides for respect and promotion of fundamental and human rights and freedoms of the Persons with Disabilities

The Act prohibits any discrimination in the provision of education, health services and other services

These can only properly be achieved when the CBR approach is appropriately utilized





THE ADVANTAGES OF THE CBR PROGRAM

It increases the accessibility to rehabilitation and therapy services through early assessment and the referral mechanisms at the local levels

It increases access to services to persons with disabilities living in rural and remote areas

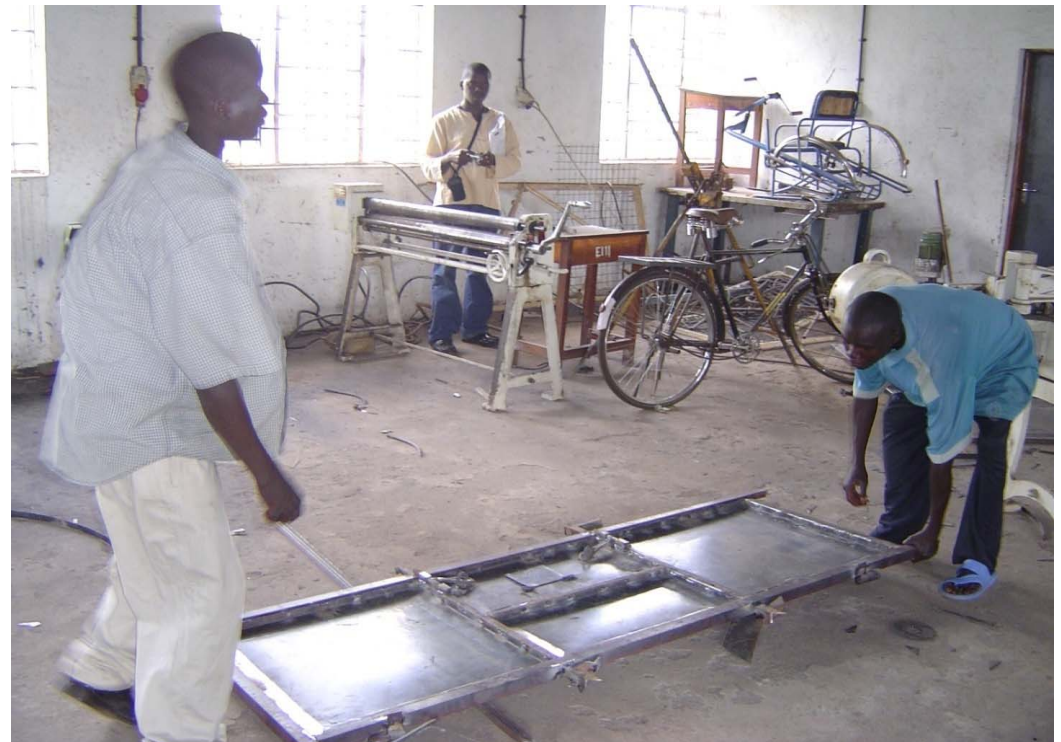
For example, in Uganda the health system starts at the lowest level of administration which is the parish level, where Health Centre II are located





THE ADVANTAGES OF THE CBR PROGRAM

- It promotes participation of the persons with disabilities and their parents or other caregivers .
- Inspires a sense of ownership
- It also minimizes stigma and discrimination attached to disability
- For instance, through CBR, Uganda has been able to train some Landmine Survivors to be self-reliant who are then given start-up capital in form of grants



ADVANTAGES OF CBR

It enhances the skills Capacity of persons with Disabilities and their leaders thus, enabling them to take part in the production of locally produced assistive devices



ADVANTAGES OF CBR



through CBR the government of Uganda is able to support landmine survivors, parents of children with disabilities and other persons with disabilities to join other self projects. This promotes a sense of self-help and peer to peer support which further improves their self esteem

This in turn facilitates the increase in uptake, and utilization of other programs that are developmental in nature and therefore in the long run improves the livelihoods of the persons with disabilities



ADVANTAGES OF CBR

It help to avoid costly hospitalization, **which would otherwise hinder many persons with disabilities from receiving** rehabilitation because of the cost involved. This further facilitates individuals to participate in education, gainful employment, remain independent at home, and minimize the need for financial or caregiver support



ADVANTAGES OF CBR



CBR involves having persons with disabilities and the different Support stakeholders, using different resources available in their communities to meet their basic needs and enhance the quality of life for them and their families.

In Uganda for example, many CBR beneficiaries are also beneficiaries of the national special grant for persons with disabilities



ADVANTAGES OF CBR

CBR supports persons with disabilities access other government developmental programs. For example, Land Mine Survivors benefit from the special grant for persons with disabilities





CHALLENGES OF IMPLEMENTING CBR

- Despite of being the national strategy or approach for equalization of opportunities, the funding is still insufficient and government is engaging partners to co-fund the program so as to increase the access to rehabilitation services
- In some Local Governments, the CBR structures were weakened and mixed up with roles of the local political structures. This has sometimes led to none-performance of CBR as expected
- The rehabilitation services in the different orthopedic workshops are still insufficient



Thank you